As a separated participant, you can choose one or more TSP withdrawal options. You may request a one-time partial withdrawal of at least $1,000 or more from your account, and leave the remaining balance in the TSP until a later date. When you are ready to withdraw your entire balance, you may receive a single payment, a series of monthly payments, a TSP annuity, or you may combine one or more of these options. If you elect a partial withdrawal, single payment or short-term monthly payments based on a dollar amount, you may transfer all or part of your payment(s) into an Individual Retirement Account (IRA) or other eligible retirement plan. You may also leave your balance in the TSP and make a withdrawal decision later. The TSP does not require you to begin a full withdrawal of your account until April 1 of the year following the year you reach age 70 ½ or April 1 of the year following the year you separate, whichever is later.

If you choose to leave your balance in the TSP, it will continue to accrue earnings based on the funds your balance is invested in. You may continue to make interfund transfers and move the balance around among the funds. This may be completed on the TSP website under the “My Account” section or you may contact the TSP Service Office to make your request. You may transfer in money from other eligible retirement plans or traditional IRAs with Form TSP-60, Request for a Transfer into the TSP.

All of the TSP forms and publications mentioned below are available on the TSP website under “Forms and Publications” (be sure to obtain the forms for civilians). You may print the withdrawal forms, complete and mail them to the TSP (address is provided on each form) for processing and payment. However, the “My Account” section of the TSP website allows you to fill out your withdrawal form, print it, and in some instances, submit it online for processing and payment. If you need a TSP Account Number or TSP web password, you may request one from the “My Account” section of the TSP website. Your new account number or password will be mailed to your address of record. The TSP Service Office is your contact regarding your TSP account after you leave Federal Service:

Thrift Savings Plan
Website:
https://www.tsp.gov

1-TSP-YOU-FRST
(1-877-968-3778)
(Toll-Free)
TDD: 1-TSP-THRIFT-5
(1-877-847-4385)
(For Deaf and hard of hearing participants.)

Outside of the United States and Canada:
(404) 233-4000

The following forms and booklets are available to withdraw your account, or obtain information about taxes and TSP annuities:

- Withdrawing Your TSP Account After Leaving Federal Service Booklet
- Tax Information: Payments From Your TSP Account Booklet
- Form TSP-77 Request for Partial Withdrawal When Separated
- Form TSP-70 Request for Full Withdrawal
- Form TSP-16 Exception to Spousal Requirements

To keep your account information up to date:

- TSP-3 Designation of Beneficiary
- TSP-9 Change in Address for Separated Participant (You may also request a change of address online using “My Account.”)

If you cannot obtain the above information via the TSP website and would like to receive a package by mail, please send a request to the ABC-C. Your written request must include your name and mailing address. Mail your request to:

Army Benefits Center – Civilian
305 Marshall Avenue
Ft. Riley, KS 66442-7005

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